

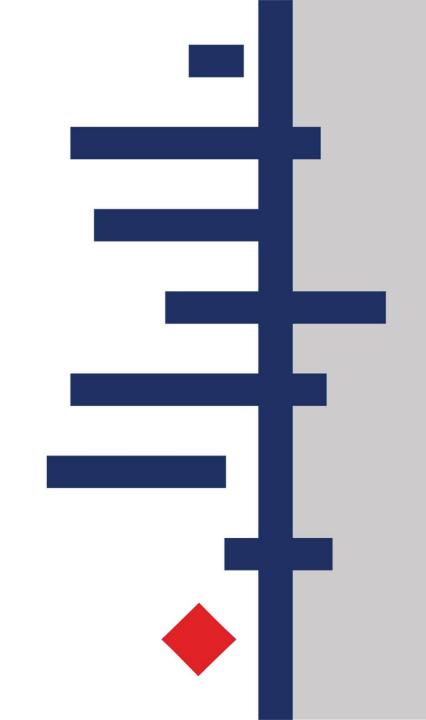


## Создание и развитие центров GRADE на национальном уровне: опыт Китая

Yaolong Chen Lanzhou University

December 2025

Trusted evidence. Informed decisions. Better health.







#### **Financial**

None

### **Intellectual**

- Professor, Evidence-Based Medicine Center of Lanzhou University
- Co-director, WHO Collaborating Centre for Guideline Implementation and Knowledge Translatio
- Director, Cochrane Affiliate, Lanzhou University
- Director, Lanzhou University GRADE (the Grading of Recommendations, Assessment, Development and Evaluations) Center
- Co-founder, RIGHT (Reporting Items for Practice Guidelines in healthcare) working group





### JCE China series



#### **GRADE** centers

McMaster University GRADE Center, Canada
Lanzhou University GRADE Center, China
Barcelona GRADE Center, Spain
Freiburg GRADE Center, Germany
American University of Beirut GRADE Center, Lebanon
Lazio Region-ASL Rome GRADE Center, Italy
JBI Adelaide GRADE Centre, Australia
Melbourne GRADE Centre, Australia
Nottingham Ningbo GRADE Center, China
Masaryk University GRADE Center, Czechia
Krakow University GRADE Center, Poland
Minds Tokyo GRADE Center, Japan
NECA GRADE Center, Korea

#### **GRADE** networks

U.S. GRADE Network
Dutch GRADE Network
UK GRADE Network
South African GRADE Network
Colombia GRADE Network
South Korea GRADE Network





Journal of Clinical Epidemiology

Journal of Clinical Epidemiology 140 (2021) 172-177

#### ORIGINAL ARTICLE

Clinical Epidemiology in China series. Paper 2: Promoting GRADE at the national level: The experience from China

Yangqin Xun<sup>a,b,c</sup>, Qi Zhou<sup>a,b,c</sup>, Nan Yang<sup>a,b,c</sup>, Liang Du<sup>d</sup>, Suodi Zhai<sup>e</sup>, Hui Li<sup>f</sup>, Yingren Zhao<sup>g</sup>, Kehu Yang<sup>a,h,i,\*</sup>, Yaolong Chen<sup>a,b,c,j,\*</sup>

<sup>a</sup> Evidence-Based Medicine Center, School of Basic Medical Sciences, Lanzhou University, Lanzhou, China

<sup>b</sup> Lanzhou University Institute of Health Data Science, Lanzhou, China

<sup>c</sup> Lanzhou University GRADE Centre, Lanzhou, China

<sup>d</sup> Chinese Evidence-Bassed Medicine Center, West China Hospital, Sichuan University, Chengdu, China

<sup>e</sup> Department of Pharmacy, Peking University Third Hospital, Beijing, China

<sup>f</sup> Guangdong Provincial Hospital of Traditional Chinese Medicine, Guangzhou, China

<sup>g</sup> Department of Infectious Diseases, The First Affiliated Hospital of Xi'an Jiaotong University, Xi'an, China

<sup>h</sup> Evidence Based Social Science Research Center, School of Public Health, Lanzhou University, Lanzhou, China

<sup>i</sup> Key Laboratory of Evidence Based Medicine and Knowledge Translation of Gansu Province, Lanzhou, China

<sup>j</sup> WHO Collaborating Center for Guideline Implementation and Knowledge Translation, Lanzhou, China

Accepted 11 August 2021; Available online 16 August 2021





### The most important activities and events of GRADE in China

174

Y. Xun et al./Journal of Clinical Epidemiology 140 (2021) 172-177

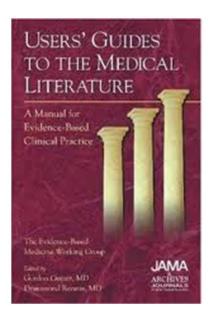
**Table 1.** The most important activities and events of GRADE in China.

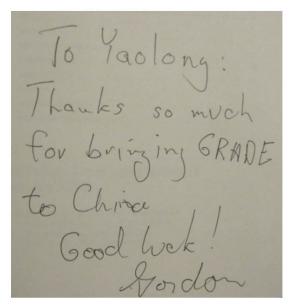
Year	Key events
2007	The first article introducing GRADE was published in China [6]
2009	A series of articles on GRADE in the BMJ were translated into Chinese and published [7-12]
2010	The first scholar from China visited McMaster University to specialize in the GRADE system [13]
2011	Chinese GRADE Centre, later renamed as Lanzhou University GRADE Centre, was established [14,15]
2012	The first academic conference on GRADE in China was held [16]
2013	The first project with GRADE system as the theme was funded by the National Natural Science Foundation of China [17]
2016	The first guideline that used GRADE system appropriately and correctly was developed in China and was subsequently included into the National Guideline Clearinghouse (NGC) [18]
2017	The first book on GRADE in Chinese was published [19]
2018	Nottingham Ningbo GRADE Centre was established [20]
2020	Beijing GRADE Centre was established [21]



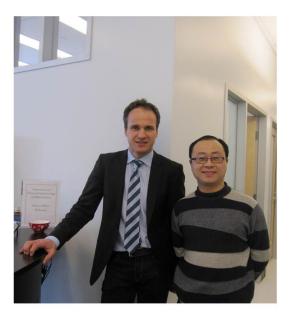


### From McMaster to Lanzhou







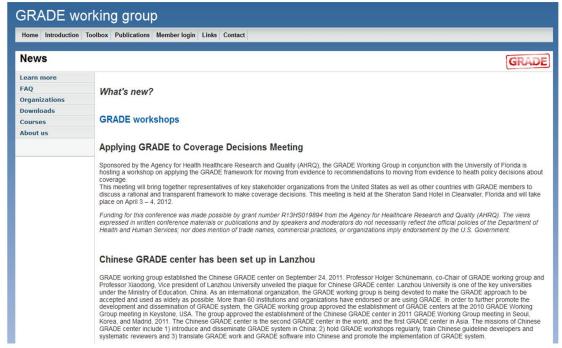






### The first GRADE Center in China









### Hosting and facilitating GRADE conferences and workshops

In the past 14 years, more than 50 GRADE workshops and meetings have been held by GRADE centres in China, covering two-thirds of all provinces and autonomous regions of China. Since 2015, a GRADE workshop is routinely attached to the Chinese Medical Doctor Association Annual Conference on Evidence-based Medicine. Over 5,000 clinicians have participated in methodological training courses on GRADE and guideline development organized by the GRADE centres in China between 2011 and 2020.









### Hosting and facilitating GRADE conferences and workshops









### Hosting and facilitating GRADE conferences and workshops





National Evidence-based Healthcare Collaborationg Agency







#### **NECA GRADE Center**

@NecaGrade

GRADE Center in South Korea, Seoul National Evidence-based Healthcare Collaborating Agency





### Application of the GRADE system

European Journal of Pediatrics https://doi.org/10.1007/s00431-022-04615-4

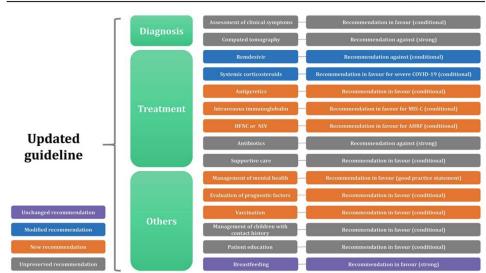
#### ORIGINAL ARTICLE



### Guidelines for the prevention and management of children and adolescents with COVID-19

Enmei Liu¹ · Rosalind Louise Smyth²,³ · Qinyuan Li¹ · Amir Qaseem⁴ · Ivan D. Florez⁵,6,7 · Joseph L. Mathew8 · Yasser Sami Amer³,10,11,12 · Janne Estill¹³ · Quan Lu¹⁴ · Zhou Fu¹ · Xiaoxia Lu¹⁵ · Edwin Shih-Yen Chan¹6,17 · Jürgen Schwarze¹8 · Gary Wing-Kin Wong¹9 · Toshio Fukuoka²0,21 · Hyeong Sik Ahn²2,23,24,25 · Myeong Soo Lee²6,27,28,29 · Detty Nurdiati³0 · Bin Cao³1,60,61 · Wenwei Tu³2 · Yuan Qian³3 · Shunying Zhao³4 · Xiaoyan Dong¹⁴ · Xiaoping Luo³5 · Zhimin Chen³6 · Guobao Li³7,38 · Xiaobo Zhang³9 · Xiaodong Zhao⁴0,41 · Hongmei Xu⁴2 · Feng Xu⁴3 · Yuan Shi⁴4 · Ruiqiu Zhao⁴2 · Yao Zhao⁴5 · Junqiang Lei⁴6 · Xianlan Zheng⁴7 · Mengshu Wang⁴6 · Shu Yang⁴8 · Xixi Feng⁴9 · Liqun Wu⁵0 · Zhihui He⁵¹ · Shihui Liu⁵2 · Qi Wang⁵3,54 · Yang Song⁵5 · Zhengxiu Luo¹ · Qi Zhou²9 · Gordon Guyatt⁵³ · Yaolong Chen²9,56,57,58 ○ · Qiu Li⁵9

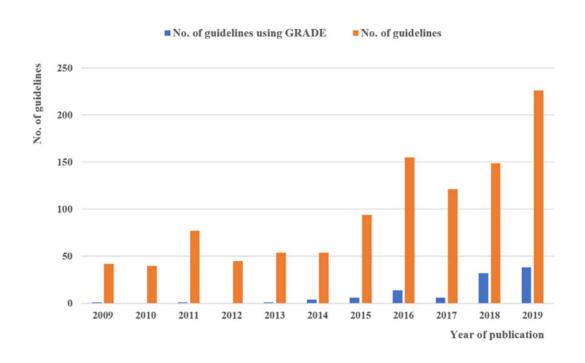
European Journal of Pediatrics







### Application of the GRADE system























### GRADE-related studies and publications





Journal of Clinical Epidemiology 74 (2016) 73-79

Journal of Clinical Epidemiology

The quality of evidence in Chinese meta-analyses needs to be improved Liang Yao<sup>a,b,c</sup>, Rao Sun<sup>d</sup>, Yao-Long Chen<sup>a,b,c</sup>, Qi Wang<sup>a,b,c</sup>, Dang Wei<sup>a,b,c</sup>, Xiaoqin Wang<sup>a,b,c</sup>,

\*Evidence Based Medicine Center, School of Basic Medical Sciences, Lanzhou University, NO. 199 of Donggang Road, Lanzhou, China \*Key Laboratory of Evidence Based Medicine and Knowledge Translation of Gansu Province, NO. 199 of Donggang Road, Lanzhou, China \*Chinese GRADE Center, NO. 199 of Donggang Road, Lanzhou, China \*Chinese GRADE Center, NO. 199 of Donggang Road, Lanzhou, China

<sup>d</sup>Department of Anesthesiology, Affiliated Drum Tower Hospital of Nanjing University Medical School, Nanjing 210008, Jiangsu Province, PR China Accepted 4 January 2016; Published online 11 January 2016

#### Abstract

Objectives: We conducted a systematic review using GRADE (Grading of Recommendations Assessment, Development and Evaluation) system to assess the quality of evidence of Chinese meta-analyses (MAs).

Design/Setting: A systematic review of MAs listed in Chinese Biomedicine Literature Database from January 2010 to December 2012.

Methods: Mesh term "meta-analysis" was used to search the Chinese Biomedicine Literature Database from January 2010 to December 2012. Characteristics and main outcomes of each included MA were extracted, and the GRADE system was used to assess the quality of evidence for each outcome. A 10% random sample of Cochrane MAs between 2010 and 2012 was also assessed as control group.

Results: A total of 564 Chinese MAs (including 1,237 main outcomes) and 95 Cochrane MAs (including 251 main outcomes) were identified. Almost half (600, 48.5%) of the outcomes in Chinese MAs were rated as low, and the proportion of outcomes with high or moderate quality of evidence was lower in Chinese MAs than Cochrane MAs (Chinese, 406 [32.8%] vs. Cochrane MAs, 155 [61.8%], P < 0.001). Of the outcomes in Chinese MAs, 1,012 (81.8%) were downgraded for risk of bias. Other common factors for downgrading were imprecision (448, 36.2%), publication bias (418, 33.8%), inconsistency (351, 28.4%), and indirectness (1, 0.1%).

Conclusions: Chinese MAs were of low quality of evidence. Risk of bias, inconsistency, and publication bias were the three most common downgrade factors in Chinese MAs. Efforts must be made to improve quality of evidence of Chinese MAs, and a call for more rigorous training of investigators in China is warranted. © 2016 Elsevier Inc. All rights reserved.

Keywords: GRADE; Meta-analysis (MA); Quality of evidence; Traditional Chinese medicine (TCM); Systematic review; TCM review; Cochrane review

International Orthopaedics (SICOT) DOI 10.1007/s00264-012-1766-4

#### LETTER TO THE EDITOR

### GRADE outcomes or studies: how to use the GRADE approach correctly?

Zhi Mao · Lihai Zhang · Yaolong Chen · Peifu Tang

Received: 8 November 2012 / Accepted: 20 December 2012 © Springer-Verlag Berlin Heidelberg 2013

#### Dear Editor.

We read with deep interest the article by Houwert et al. [1]. We appreciate the work of the authors on the systematic review related to the two major therapeutic choices for displaced mid-shaft clavicle fractures. However, we have some comments about the using of GRADE approach.

First, the GRADE approach defines the quality of a body of evidence for outcomes reported in systematic reviews [2, 3].

To summarise, the GRADE approach should be used for grading the quality of evidence for outcomes, but not included studies based on a systematic review. Nonetheless, the above points cannot lessen the overall value of this work and we thoroughly enjoyed reading the article with that in mind.





### GRADE-related studies and publications



#### Key dates

- ▶ Registration Information
- Scientific Programme

Full schedule and sign-up

Pre-Colloquium Workshops

- Stipends
- Prizes and Awards
- Posters

Colloquium Venue

Social Events

Auckland & more

Contact

If you attended the Madrid Colloquium in 2011, you already have an account and can use the same login and password

#### The Establishment Chinese GRADE center

#### -Abstract text-

Background:

The Grading of Recommendations Assessment, Development and Evaluation (short GRADE) Working Group began in the year 2000 as an informal collaboration of people with an interest in addressing the shortcomings of present grading systems in health care. The working group has developed a common, sensible and transparent approach to grading quality of evidence and strength of recommendations. Many international organizations have provided input into the development of the approach and have started using it.

To promote the dissimination, development and implementation of GRADE system in

Methods

To set up center, provide training courses, give lectures and develop guidelines

GRADE working group established the Chinese GRADE center on September 24, 2011, Professor Holger Schünemann, co-Chair of GRADE working group unveiled the plaque for Chinese GRADE center, and gave two lectures The Development Of Evidence Based Medicine and How To Develop Evidence Based Guidelines. Chinese GRADE center also involved in the development of Evidence-Based Guideline for Hypoxic-Ischemic Encephalopathy in Term Infants (2011)

Conclusions: The Chinese GRADE center is the second GRADE center in the world, and the first GRADE center in Asia. The missions of Chinese GRADE center include 1) introduce and disseminate GRADE system in China; 2) hold GRADE workshops regularly, train Chinese guideline developers and systematic reviewers and 3) translate GRADE work and GRADE software into Chinese and promote the implementation of GRADE system.

Chen YL1, Wang Q1, Yao L1, Wei D1, Li J1, Zhang PZ1, Yang KH1

Evidence-Based Medicine Center of Lanzhou

-Presenting author and contact person-

Presenting author: Yaolong Cher Contact

Chen

person Yaolong

Evidence-Based Medicine Center of (Contact this Lanzhou University

Country

#### Date and Location

Session: Oral session C17O3

Wednesday 3 October 2012 - 11:40 - 12:00 Location:

Regatta B and C

#### Poster presentations

#### P17 | The emergence and development of GRADE centers/networks around the world

Yaolong CHEN1, Yngve FALCK-YTTER2, Craig WHITTINGTON3, Joerg MEERPOHL4, Pablo ALONSO5, Holger SCHÜNEMANN6

- <sup>1</sup> Evidence Based Medicine Center of Lanzhou University, China
- <sup>2</sup> Case Western University, USA
- <sup>3</sup> National Collaborating Centre for Mental Health, University College London, UK
- <sup>4</sup> Medical Center, University of Freiburg, Germany
- <sup>5</sup> Biomedical Research Institute, IIB-Sant Pau, Spain
- <sup>6</sup> McMaster University, Canada

Background: Over the last decade, there has been growing interest in the Grading of Recommendations Assessment, Development and Evaluation (short GRADE) approach. Many guideline developers and systematic reviewers increasingly demand training and guidance.

Objectives: To provide guidance and training in GRADE globally.

Methods: Through a process of feed-back and brainstorming the GRADE working group decided to set up GRADE methods centers to provide training and feed-back to guideline developers and users. A set of criteria was developed for organizations to become a GRADE

Results: Six GRADE centers/networks have been set up as of February 2014. The Canadian GRADE Center (McMaster University) in 2010; the Chinese GRADE Center (Lanzhou University) in 2011; the Spanish GRADE Center (Biomedical Research Institute, IIB-Sant Pau) in 2012; the German GRADE Center (University Medical Center Freiburg) and the UK GRADE Center (the National Collaborating Centre for Mental Health) in 2013; and in 2014 the United States GRADE Network (Case Western University).

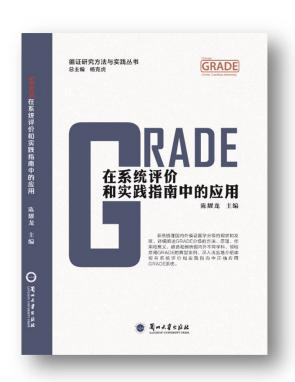
Discussion: Based on the vision and mission of the GRADE working group, the entities developed the following short-term goals: 1. Web-based communication strategy, forums and symposiums of GRADE centers/networks 2. Collaboration within GRADE centers/networks and with other stakeholders to raise awareness 3. Training the trainers capacity building 4. Harmonizing training methods and workshop materials 5. Accelerating the translation and dissemination of the GRADE approach 6. Promoting the implementation of the GRADE

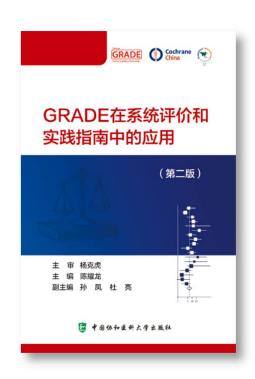
Implications for guideline developers/users: Guideline developers and other users now have improved support from GRADE centers/networks at regional and national level.





### GRADE-related studies and publications











### Key Takeaways

- Visiting Scholars & Students
- Translation & Publications
- Workshops & Conferences
- Research & Practice





### From Input to Output











### Strengthening the Clinical Practice Guideline Ecosystem

Nan Yang<sup>1</sup> | Dong Roman Xu<sup>2,3,4</sup> | Janne Estill<sup>1,5</sup> | Yaolong Chen<sup>6,7</sup> (D























## GENE (Guideline Ecosystem Network)

Better Evidence
Better Guidelines
Better Health

# Thank You

